

Advanced Skin Rash/GERD

In just 4 months-

- ✓ **Rash Completely Gone!**
- ✓ **Digestion Better**
- ✓ **Cut GERD meds in half!**

Initial Symptoms-

- ✓ **Severe Rash**
- ✓ **GERD/Indigestion**
- ✓ **Overweight**
- ✓ **High Cholesterol**
- ✓ **Skin Lesions**

“Things like rashes, acne or discolorations are a sign of greater problems. Don’t just apply a cream and forget it. Pay attention to your body and address the real issue!”

-Dr. Van D. Merkle

Patient Profile:

09-09-09 - The 66-year old Patient presented with a severe skin rash covering her entire anterior lower left leg which first appeared about two years ago and also occasional smaller rashes on her abdomen or arms. The surface of the rash is very rough and the patient states it “really itches” and frequently scratches at it until she bleeds. She often wakes up in the morning bleeding because she even scratches the rash in her sleep. This has caused significant scarring on both her legs and arms. The itching/rash becomes worse in winter when her skin is drier and more sensitive. Dermatologists have tried cortisone, creams, etc but nothing has helped. Skin lesions (50-60) are also visible on the patient’s neck; these may possibly be skin tags. The patient had them removed but they came back. The patient also suffers from gastroesophageal reflux disease (GERD) and has been dependent on Prilosec for about three years stating she “can’t go without it”. At the time of the initial visit, she weighed 166 lbs at 5’3” and her blood pressure was 132/82. The patient takes Prilosec daily and Xalatan for Glaucoma.

Patient’s tests results:

09-09-09 – The total cholesterol, triglycerides, LDL and VLDL are all high while the HDL cholesterol is low. This is basically too much fat in the blood and is commonly associated with a poor diet, liver dysfunction (SGOT, SGPT and GGT which are also all high), diabetes mellitus, infections and inflammation. The LDH and CRP are also high indicating a nonspecific tissue injury and

inflammation. A high Ferritin level shows excess iron stores within the body and the very low vitamin D can result in a lowered immune system and a reduced ability to absorb and utilize essential nutrients.