

Alzheimer's Disease

The brain: Use it or lose it! Just like the rest of our body, our brains change as we age, but serious memory loss, confusion or personality changes could be signs of cellular damage.

Initial Symptoms-

- ✓ Diagnosed With Alzheimer's 6 Months. Ago
- ✓ Lost job/Unable To Work
- ✓ Depressed/Stressed
- ✓ Drivers License Was Revoked Due To Alzheimer's
- ✓ Personality Changes
- ✓ Taking Aricept And Zoloft

In just 4 months- Improvements Across The Board

- ✓ Memory Improving
- ✓ Anxiety/Stress Reduced
- ✓ Able to Concentrate
- ✓ Sense Of Humor Returning
- ✓ No Longer Depressed
- ✓ More Animated

"More than 5 million Americans suffer from Alzheimer's and it remains the seventh leading cause of death in the nation. Sadly, this disease is often as emotionally debilitating for family members and loved ones as the patient themselves."

-Dr. Van D. Merkle

Patient Profile:

04-18-06 – For 32 years, this 56 year old patient worked dumping solvents into groundwater in a very toxic environment. About five years ago, he and his wife started noticing mild memory problems and as his symptoms progressed he was forced to leave work, being unable to safely complete day to day tasks. A PET scan six months ago returned positive for Alzheimer's and he lost all driving privileges. He has both good days and bad, sometimes being unable to recall names or recent events and is more passive with family and friends. This memory loss and inability to concentrate brought on depression, anxiety and stress. Doctors placed him on Aricept for Alzheimer's and Zoloft to calm his anxiety. At the time of his initial visit at Back To Health Center, he weighed 163 lbs at 5'8" and his blood pressure was 115/65. His heart rate was below average at just 45 beats per minute.

Patient's tests results:

04-23-06 – There were several values that were too high or low in his blood work, most significantly the low T4 and T7 indicating a low

functioning thyroid and slow metabolism, and the high MCV, MCH and MCHC which show possible anemia.