



Natural Health Center

Pain Relief Naturally



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Dear Patients, Friends & Neighbors,

Do You have children in your life?? For their safety and your own mental health, you should be aware vaccines are not as safe as the government, or your doctor, would have you believe. No it is not on public media since most advertising is paid for by drug companies. And the CDC & FDA are funded by same source. Conflict of interest??

Why do I care? After my research, I believe my son was a victim of a vaccine adverse event. He died of cancer 9 years ago. We, as most parents and most doctors, were and are, ignorant of the cancer vaccine connection. Or the MMR autism connection covered up by the CDC and FDA. Or the correlation of vaccines and SIDS, which the most cited reason has been coincidence, or idiopathic. **Details are on the links. The information is out there, but you have to be aware and look for it.**

So if you are at all interested, or concerned, www.vaccinesrevealed.com And/or check out the link below. **Learn about the autism epidemic. Is there an epidemic? With the increasing vaccine schedules, in 1970 there was one in 10,000. Now, one in 68 children and one in 48 boys are autistic. What do you think??**

Check these: Vaccines Revealed; Silent Epidemic-The Untold Story; Death By Medicine; The Greater Good; Bought; Dr. Sherry Tenpenny DO—Just Say No to Vaccines; And that is just a start . . . So Get EDUCATED. Stand up to the intimidation.

www.vaccinedecisions.net/lobbygroups This page presents the strategies used by lobby groups, many being fronts for industry, that are promoting vaccines to the public and hindering public debate by using ridicule, abuse, and misinformation to prevent individuals from expressing their concern and the science that questions the current immunization policy.

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Natural Health Center's Current Office Hours

Woodville Office

Tuesday & Thursday Afternoons—

Please call ahead,

Drop-ins ok when I'm there.

421 West Main Street

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FREE Evaluation!!

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I want to remind you of our

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Check our *testimonial page* for many satisfied comments .

<http://www.woodvillechiropractic.com/testimonials/>

The Truth About Vaccines

I think when we look back at 2017, we will see it as an inflection point for the 'vaccine issue'. The force of Vaccines Revealed in the world has been startling. And I have been traveling and speaking to big audiences and witnessing that momentum is absolutely building. And now there is a new docu-series you should know about...



The folks that created a global success with The Truth About Cancer are now turning their attention to vaccines and I couldn't be more excited! Starting on April 12, you'll be able watch the 7-part series for free. To get details and gain access: [GO HERE](#).

At Vaccines Revealed, we enthusiastically welcome all who share our mission and are willing to take a stand on the issue. With what's at stake, this mission is bigger than any of us. I hope more will continue to use their time and resources to set the record straight on vaccines and reverse the horrific trends that are occurring today.

So, let the effort expand and the vision rise. Sign up to see The Truth About Vaccines. [The free pre-view is here.](#)

Toddler Permanently Brain Damaged by a Mystery Combination Vaccination That Her Parent's Did Not Consent To



On May 17, 1993, Mr. and Mrs. Marchant took their daughter, Jodie, to the doctor for her 14-month checkup. Jodie was fit and healthy and meeting all her milestones, so her parents agreed for her to be vaccinated with the MMR vaccination, a decision that will haunt them forever.

Mr. Marchant explained to us what happened the moment that Jodie received her vaccination: "Jodie let out a high-pitched scream and appeared to be in a state of shock. Her eyes became vacant as if in a trance and she appeared to lose interest in eating and refused all food and we had to resort to giving her milkshakes. Jodie did not recognize anyone for a long time. Note, in 1997, her then-GP was able to confirm that Jodie was okay prior to vaccination and this confirms the records were available when the GP INSPECTED THEM. Jodie stopped movement and would sit on the sofa rocking with eyes rolling and stopped talking." It appears that instead of receiving the MMR vaccine, as agreed, Jodie received a mystery vaccination. If what her parents are saying is true and Jodie did only receive one shot on the day she was vaccinated, then we need to consider whether or not Jodie's doctor decided to mix several vaccinations into one syringe without her parents' knowledge or consent. Whilst the majority of us would consider this to be not only unethical but also highly unlikely, remarkably, it is a possibility because, in 2013, the Globe and Mail reported that a pediatrician from Halifax was found guilty of doing the unthinkable.

[Read More...](http://healthimpactnews.com/2017/toddler-permanently-brain-damaged-by-a-mystery-combination-vaccination-that-her-parents-did-not-consent-to/)(<http://healthimpactnews.com/2017/toddler-permanently-brain-damaged-by-a-mystery-combination-vaccination-that-her-parents-did-not-consent-to/>)

Did You Know?

- Blind people can only dream in smells, sounds and feelings. Those who are born blind don't see in their dreams.
- Dr. Seuss's first book was rejected 27 times. He was ready to give up but bumped into a friend on the street who'd just begun working in publishing. Seuss said that if he'd been walking on the other side of the street, he probably would never have been a children's author.
- *Twinstrangers.com* is a website where you can register to find your lookalike from anywhere in the world by uploading photos, selecting your facial features and looking through matches.
- Studies show that people decide if you're trustworthy, adventurous, successful, smart, extroverted or likeable within 3 seconds of meeting you.

What Our Patients Say

My name is **Randy** and It wasn't uncommon to develop headaches on a regular basis. One time the daily grind turned into a week-long grind and when I woke up on Sunday morning, I had the headache of the century. I took the standard over-the-counter headache remedies but several days went by and rather than getting better, they seemed to get even worse. Finally, I couldn't stand it anymore and I went to my family physician to seek relief from my headache. He prescribed some stronger prescription medication and the headache lessened some, but did not go away. The constant ache began to affect my temperament and I became agitated easily. Keeping my temper in the workplace and at home became a full time occupation and was beginning to impact my daily performance and my home life. Everyone (especially including my wife) was noticing that I seldom smiled anymore and that in fact, I had the countenance of a mean old grouch and had forgotten how to laugh.

One Monday evening, my wife had to go to pick up some cosmetics and asked me if I wanted to go along. I said yes and we got in the car and went to her cosmetic consultant to pick up the things she had ordered. When we arrived at her house, we were invited inside for a short visit and to pay for the order. While we were standing there, the woman's husband happened to walk in and he introduced himself as Dr. Lon Nitschke. We introduced ourselves to Lon and as we talked, he was watching me closely. He said to me, "Randy, you seem to have a bad headache." I replied, "I didn't know you could see headaches." He replied, "I'm a Chiropractor and I have seen a lot of headaches!" And I replied back without missing a beat, "A chiropractor... Quack Quack!"

Now you must remember that I've had a whopper of a headache for over a month at this point; Not an excuse for lack of good sound social etiquette, but I wasn't thinking clearly. I also had no experience with chiropractic procedures and to the best of my knowledge at that time, chiropractic work was kind of fringe medical treatment. I told him that was my current feelings about chiropractic and that I was also leery about cracking bones. His response (which surprised me) was that he would make me the deal of a lifetime. If I let him adjust me, he wouldn't charge for the service. I thought about that for a few seconds; if it wasn't going to cost anything, what did I have to lose except an outside chance at ridding myself of a very troublesome headache? I said "Why Not" and he proceeded to take me to an adjacent room where there was an odd looking padded table with a sort of head rest built in. (I know now that it was a standard chiropractic adjustment table) He instructed me to lay down on the table and he started to poke and probe my neck and shoulder area and gently rotated my head from side-to-side.

I wasn't actually ready for what he did next, but he did it, and with a quick pull, some pressure and a turn of my neck I could both feel and hear something in my lower neck snap and move. I don't know how to describe the feeling that rushed over me after that manipulation of my neck, but the room swam and I had a feeling of extreme dizziness that persisted for a full minute or more. My very first thought was that he had broken my neck, but then I began to notice another feeling of complete relaxation coming over my body. The next thing that occurred to me was that I didn't have my headache anymore! I was astounded by the result and I think I smiled for the first time in over a month. After leaving that evening and getting home, I had one of the best night's sleep of my life!

Needless to say, my views about the art of chiropractic have been changed for the remainder of my existence on this earth. **I now understand the value of Chiropractic Adjustment and would urge anyone who is suffering from body aches and pains to overcome any preconceived notions that it can't help.** I didn't believe it at one time, but I **now promote the practice to everyone I have talked to that was suffering from body aches and pains. Where "Seeing is Believing," Chiropractic Adjustment may very well be the alternative that you have deprived yourself of up until the time YOU try it. It was (and is) a totally amazing experience.**

Randy R, 2017

It's Happening (again) ...

Nights are getting a wee bit shorter *every* night; days are getting a wee bit longer *every* day – it's the most dramatic time of the year. The earth is stirring, preparing to bring forth expansion after constriction, awakening after sleep, life after death.



A rebirth, Spring, a reminder that nothing lasts – not the dark, cold nights of winter nor the sultry nights of summer. What lasts? An endless cycle of life expressing itself over and over. Nature gives us yet another chance to be all we can be.

Is it Really a Medical Breakthrough?

Every week media headlines tell us about another “medical breakthrough” whether it be for cancer, autism, depression, Alzheimer’s, obesity, glaucoma, the common cold or hangnails. But then a funny thing happens – we don’t hear about it anymore. Our lives go on and so do the diseases. What happened?

It turns out that most of the “breakthroughs” are fake news (to coin a phrase). Why? Because it sells. Who doesn’t hope that they (whoever they are) will finally cure (fill in the blank)? And we read all about it.

Recently researchers did something the media doesn’t often do – they did follow-ups of the so-called cures. They were found to be just so much hot air. They couldn’t be replicated by other scientists. (1)

In an interview, lead author Dumas-Mallet's advises: "When a study is an initial study, even if it's very exciting and amazing ... it still needs to be confirmed." (2)

Remember Ronald Reagan’s famous dictum, “Trust, **but verify.**”

Chiropractic – Many Levels of Healing

Chiropractic care can help your body function in many ways. Chiropractic can help promote detoxification, relaxation, emotional healing and a deeper connection to oneself and others.

- **Chiropractic care helps people become more physically balanced.** This often increases their energy and permits them to relax – both physically and emotionally.
- **The mental/emotional benefits of chiropractic have been noticed since chiropractic’s inception.** Correcting subluxations was noticed to improve mental function and relieve depression.
- **One of the most powerful phenomenon of healing is retracing, – where old pains, diseases or trauma come “to the surface” to be released.** Retracing is one of the signs of complete healing and even though it may be (temporarily) uncomfortable, it leaves in its wake a stronger, healthier, happier person.



Questions and Answers About Chiropractic

Q. Why stay subluxation-free?

A. The chiropractic profession that was founded by Dr. DD Palmer in 1895 is based on the fact that internal structural distortions called subluxations can cause serious health problems.

Subluxations stress your nervous system and interfere with communication among your organs, glands, muscles and other body parts – including your brain and your immune system.

Subluxations can be caused by any trauma: difficult birth, falls, accidents, emotional upset, chemical toxicity, overwork or a combination of factors (i.e. physical, chemical or emotional stress while you are tired, overworked, malnourished, etc.).

People sometimes ask how chiropractic can improve their health. The answers depend on whom you ask. For example, a woman now free of monthly pain may say, “Chiropractic is for menstrual problems.” A pregnant woman may say, “Chiropractic is for a comfortable pregnancy.” A mother whose child was helped may say, “Chiropractic is for ear infections (or fevers or asthma or colic).” A teacher may say, “Chiropractic is for dyslexia, vision and learning disorders.” Another person may say “Chiropractic is for headaches,” while still others may declare chiropractic is for back aches, hearing problems, disc problems, arthritis, high or low blood pressure or a host of other problems.

Others use chiropractic as a way to maximize sports performance, improve overall health, and enhance balance, strength and fitness.

In addition to all of the above, chiropractic can help everyone live a drug-free, healthy lifestyle.

Subluxations are epidemic in our society; most people have subluxations and don't know it. For that reason, everyone needs periodic chiropractic checkups.

Traditional Eating

Raw milk that is not pasteurized or homogenized and is from grass-fed pastured cows is one of nature's perfect foods. Raw milk is good for you because it contains many components that kill pathogens and strengthen the immune system. These components are largely inactivated by the heat of pasteurization and ultra-pasteurization. For further information on milk, go to <http://www.realmilk.com/safety/real-milk-powerpoint/>. To learn about healthy eating, go to the Weston A. Price Foundation at www.westonaprice.org.

Raw milk stimulates the immune system, builds a healthy gut wall, prevents absorption of pathogens and toxins in the gut and ensures assimilation of all the nutrients.



Baseball and Chiropractic

It's baseball time. And what better way to improve a team's performance than chiropractic care!

Minnesota Twins pitcher Kyle Gibson has seen the chiropractic light. Gibson described the problem by saying, "There were a couple starts where I didn't sit down in between innings because if I sat down, my hips just got tight."

The Twins relief pitcher, Trevor May, also suffered back problems. At first, he saw the chiropractor occasionally, with limited results, but after getting more regular adjustments, his condition greatly improved. "My hips were really, really out of line. Seeing a chiropractor consistently has helped me make sure I'm getting readjusted and staying in line as much as possible."

The Florida Marlins pitchers Adam Conley, Jarred Cosart and Wei-Yin Chen also receive chiropractic care to improve their game. Chen, who signed an \$80-million-dollar contract with the Marlins commented how chiropractic helps him by saying that he "...noticed a huge difference in recovery time between pitching days."

Chiropractic care brings balance, strength and coordination by correcting subluxations and removing or reducing interference. With greater balance and nerve communication athletes under chiropractic care can perform at their highest level. (3)

Words of Wisdom

We all agree that your theory is crazy, but is it crazy enough? Niels Bohr, Nobel Prize in Physics, 1922

All great truths begin as blasphemies. George Bernard Shaw, Nobel Prize in Literature, 1925, in *Annajanska* (1917)

We are what we pretend to be. Kurt Vonnegut, Jr., in *Mother Night* (1961)

In this world there are only two tragedies. One is not getting what one wants, and the other is getting it. Oscar Wilde, in *Lady Windermere's Fan* (1892)

In all abundance, there is lack. Hippocrates (c. 460 BCE-370 BCE), in *Precepts*



Warning – Step Away from That Computer!



Yes, it's the posture police. Well, don't worry, we won't arrest you; this is something to do for yourself.

If you've been reading this at your computer (or even a hand-held device), step away from that computer keyboard or device and straighten up.

Give yourself a rejuvenating office stretch. Here's how you do it: stand facing the corner of a room, raise your hands to shoulder height and place your elbows, forearms and hands against each wall. Now lean inward and hold the stretch to flex your chest and back muscles. Hold for 15 seconds.

Now don't you feel better?



Researching Chiropractic

Chiropractic clinical case histories have been a regular feature of our patient newsletter since its inception. There seems to be no limit to the health problems that respond to chiropractic care. How many people suffering, on drugs, facing a life of limitation could be helped by chiropractic care? Probably most of them.

High blood pressure, pain and loss of smell after auto accidents. A 58-year-old woman developed high blood pressure as well as right shoulder, right shoulder blade and mid-back pain after a car accident a month before her visit. The case history revealed that she also had lost her sense of smell (anosmia) nine years earlier, after a previous auto accident.

She was under chiropractic care for six months during which time she had 84 visits. Her sense of smell returned after five months of chiropractic care. In addition, she reported a significant decrease in pain from her original chief complaint of right shoulder, right scapular and mid-back pain since her previous auto accident. (4)

Epilepsy. A 22-year-old female presented with primary complaints of daily headaches and seizures occurring nearly every three days, and lasting for periods varying from several minutes up to an hour. She was diagnosed with epilepsy three years prior. Previous to chiropractic care, she had been treated with Vimpat™ for seizure activity and Topomax™ for migraine headaches. The Vimpat™ didn't help so her prescription was changed to Keppra™ but her seizures continued without any change.



Orthopedic, heat and x-ray analysis revealed the location and direction of upper cervical (neck) subluxations which were adjusted. Over the course of 14 office visits, the patient was adjusted 13 times.

Upon re-examination, the patient reported that since beginning care she had not experienced any headaches and that seizure activity had ceased entirely. (5)

Poor posture in an 85-year-old man. An 85-year-old male patient presented to a chiropractic office with a chief complaint of difficulty walking and poor posture. He had difficulty in standing up from a chair with no arms, and was also unsteady on his feet. The patient was receiving medical care from various physicians for pre-existing health problems.

Various chiropractic techniques were used to analyze and correct subluxations found in the cervical, thoracic and lumbar regions.

Over the course of chiropractic care the patient was able to get up from a chair with ease and had noticeable improvements in posture, gait, balance and coordination. He was able to decrease his prescription medication usage. (6)



Humor

- Why is it that lemon juice contains mostly artificial ingredients but dishwashing liquid contains real lemons?
- Why buy a product that it takes 2000 flushes to get rid of?
- Why do we wait until a pig is dead to "cure" it?
- Why do we wash bath towels? Aren't we clean when we use them?
- Why do we put suits in a garment bag and put garments in a suitcase?
- Why doesn't glue stick to the inside of the bottle?
- Do Roman paramedics refer to IV's as "4's"?
- Why doesn't Tarzan have a beard?
- If man evolved from monkeys and apes, why do we still have monkeys and apes?
- Should you trust a stockbroker who's married to a travel agent?

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Bye!!!



Please write or stop by and give us your feedback!

Are there any subjects you'd like to hear about? Anything you dislike? Feedback is always important to us. And, of course, if you'd like hard copies of this newsletter stop by the office and we'll give you some for your friends and relatives. If they have email, have them write to us and we'll add them to our subscriber list.

I'm in Woodville most Tuesday and Thursday afternoons and an occasional Saturday morning. I'm available all other times in Fremont (2150 Hayes Ave.) by appointment, Call: 419 332 7666. Just call or text to see when & where I am, leave a message and I'll call back.